

It's your Sky what do you want to watch?

The Essentials

Your guide to getting the most out of Sky

- Access Sky Box Office movies and events
- Check out tv listings
- Turn your tv's sound on and off
- Press to choose or confirm your highlighted selection
- Switch to text mode
- Jump back to the previous page
- Access more programme and channel content
- Use colour keys to select a variety of on-screen options
- Turn your Sky or Sky+ box on or off
- Set up a range of features including Parental Controls, Subtitles and Favourite Channels
- Press this for Sky Active and a variety of interactive services
- Get more information about the programme you are watching or have highlighted
- Press this for a Help page when you're looking at the on-screen guide
- Use when watching a programme to see what's next
- Use when watching a programme to see what's on other channels

Sky+ customers...

Extra features on your remote

- Rewind the programme
- Record the selected programme
- Play or pause the programme
- Fast forward the programme
- Stop the playback of the programme



Get the most out of Sky. With a range of new features and the very best entertainment, we've made it simple to get more of the tv you really want, and less of the tv you don't.

Discover how to use the new Parental Control options, the search power of A-Z Listings, the flexibility of Personal Planner, and lots more besides...



“Get more out of Sky”

New ways to control what your family watch

With improved Parental Control features, you decide what programmes are viewed in your home.

Today you can already set up age rating filters which allow you to protect viewing of selected programmes. Very soon you'll be able to restrict access to specific channels completely, or from 8pm. You'll also be able to fully remove the Adult channels from the tv listings.

When you use these features you'll need your PIN (Personal Identification Number) to access the selected programmes and channels. If you want to turn the PIN restrictions on or off at any time, press the red button when you're in the **Parental Control** menu.

In a nutshell

Have more control over who watches what and when.

NEW Restrict viewing of any channel (Completely or between 8pm and 6am)

NEW Remove Adult channels from the tv listings

PLUS Control spend on Box Office and online

These features are available through the **services** menu.

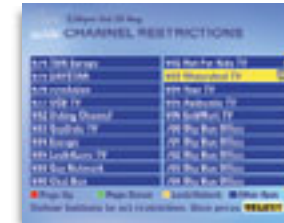
Your PIN

You can change your PIN at any time using the **Parental Control** menu. If you've forgotten it, call us on 08702 40 40 40 (customers in Ireland phone 0878 719 819) and we'll help you choose a new one.

How to restrict channel viewing



First press the **services** button and select **Parental Control**. Enter your PIN now. Select **Channel Restrictions** from the menu.



Use the arrow keys to select the channel to which you want to restrict viewing. Press blue to lock the channel after 8pm, or yellow to lock the channel completely.



Later, if you select a restricted channel you will be asked for your PIN to view.



Sky+ customers...

Restrict access to your recordings
Coming soon, you'll be able to PIN protect your recordings by using the **lock** option in your **Personal Planner**. Also, age rated programmes played back out of watershed will automatically require a PIN.

To find out more go to sky.com or channel 999

Search and find exactly what you want

A-Z Listings lets you search and find exactly the programme you want to watch. Depending on your mood, you can easily find a drama series, a show for kids under five, or a family movie.

Search by first letter

Want to see if a particular programme is on tonight? You can search by the first letter of that programme. From the **tv guide** menu, select **A-Z Listings**. Go to the type of programme you want to watch e.g. **Entertainment**. Enter the first letter of the programme's name and every programme starting with that letter will be listed. Then use the arrows to find your desired show.

Search by type

Pick the programme type you're interested in, let's say Movies. Then use the arrows to view even more options such as Comedy, Action, Romance and even Western.

Sky+ customers...

Find a programme to record

From the results of your A-Z search, select a programme to put into your **Sky+ Planner**. Then press the **REC** button to set up a recording.

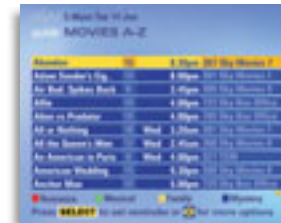
In a nutshell
A complete alphabetical list of what's on Sky for the next 24 hours
Helps you find a specific programme that's on now, or later in the day
Look for a programme by name or by type (over 100 available)
Find the right programme by pressing the first letter of the programme name on your remote control



Search for a family movie



First press **tv guide** on your remote, then **A-Z Listings** and select **Movies**.



Press the right arrow to see more types of programmes. Press the yellow button to select **Family** from the **Movies** programme types listed at the bottom of the screen.



Press **select**. If the show has started, you'll go straight to it. If it hasn't, it will set a programme reminder (see page 9).



To find out more go to sky.com or channel 999

More features. More control...

The 'i' button

For more information about a programme you're watching, just press the **i** button. Details will appear on the screen. This also works when you're in **tv guide**.



Personal Planner

If you're using the **tv guide** or Search & Scan banner (see page 10), you can set a handy reminder for a programme you don't want to miss.

Simply highlight the programme you want, then just press **select**. This will add it to your **Personal Planner** and a reminder will flash on screen when the programme is about to start. To view your **Personal Planner** at any time, just press **tv guide** and **Personal Planner**.



Series Link

You can make reminders even more powerful by setting a **Series Link**. Highlight the programme in your **Personal Planner**, and select the Series Link option (green button). You will then receive a reminder for every episode of that series!

Sky+ customers...

The Sky+ Planner

Lists the programmes you have recorded, tells you if you've watched it, if it's currently being recorded and if it's been **Series Linked**. Search options are available by using the left and right arrows. For example, to search for a programme by first letter, press the right arrow then the red A-Z sort button.

Keeping recorded programmes

Sky+ automatically manages your recordings so there is always room for your new requests. To make sure a recording is not deleted as part of this process, use the **Keep** function. Note that Sky Box Office recordings are automatically deleted after 7 days, and if you have not watched them, you are not charged.

Descriptions of different types of programme information

Letter codes

- C** Copy-protected. You may not be able to record the programme onto VCR. Playback on Sky+ boxes may be restricted by the copyright holder.
- DD** Dolby Digital 5.1, available to home cinema owners.
- DS** Dolby Surround Sound.

- L** Letterbox format. Programme is shown in a wide 'cinema-style' format.
- N** Narrative. A descriptive audio soundtrack available.
- T** Subtitles. Language and/or subtitles available.
- W** Widescreen format.

Age ratings

- U** Universal. Suitable for all audiences including young children.
- PG** Parental Guidance recommended.
- 12** Suitable for 12 years or older.
- 15** Suitable for 15 years or older.
- 18** Suitable for adults aged 18 years or older.

Content codes

- L** Contains strong language.
- M** Contains material intended for a mature audience.
- S** Contains sex or nudity.
- V** Contains violent scenes.

...and much more

Search & Scan

See what's on right now or coming up without interrupting your viewing by using Search & Scan.

Just press **select** to bring the banner on-screen, then use the up and down arrows to see what's on each channel. You can also use the left and right arrows to see what's on later. To remove the banner just press **back up**.

Sky+ customers

Recording from the Search & Scan banner

Just press **R** when you see a programme you want to save. **R** will appear in the banner to let you know the recording is now set.



Favourite Channels

Easily find up to 20 of your best-loved channels. When you're using the Search & Scan banner just press the blue button. This lets you run through the channels you enjoy the most, rather than having to scroll through the entire list of channels.

To create your own favourites list, press **services** followed by **Favourite Channels**. Then mark your selections by pressing the yellow button.

Keep an eye out for future improvements in the coming months.

Sky+ customers

If you were watching a programme and missed an important part, or just want to see something again, Sky+ lets you rewind up to 60 minutes. The default is set to OFF, so you'll need to set this up before using. In **services**, select **Sky+ set up menu**, scroll down to **Instant Rewind** and set the rewind time you want. Then press the down arrow and select **Save New Settings**.

You can also use Sky+ to record your favourite radio shows. Go to the radio listings area in the **tv guide** and press record on the programme you want.

And if you're watching a recording and you want to know how much time is left, just press the **select** button.

Customise Sky

To change and check your system settings, including screen ratio (e.g. 4:3 or 16:9 widescreen), background music and favourite language, press **services**, then **System Setup**. Don't forget to save your settings after you have made a change.



Discover more

To see these features in action go to the **Sky Customer Channel** (999). Want to know even more? Drop in on sky.com/customersupport and you can find the answers to questions you may have. You can also take part in exclusive competitions and online games, catch up on the latest news and take advantage of great tips and advice within sky.com/customerzone.

Audio description and subtitles are available to customers with visual and hearing difficulties. Go to sky.com/accessibility to find out more.

Sky.com suggestions and feedback

We love new ideas. Send your suggestions through one of our feedback forms found at the bottom of every page on Sky.com.

Extra copies of this booklet can be ordered at sky.com/customersupport or **Sky Customer Channel** (999).